


Please measure your head circumference and compare the result with the helmet size.

To work out the right helmet size for you, we recommend the following size test: First use a tape measure to measure your head circumference. Place a tape measure approx. 2 cm above the eyebrows and around the head to measure the circumference at its greatest. The measurement is your helmet size in cm - e.g. if your head circumference measures 56 cm then your helmet size will be M/57.

|  SCHUBERTH | | HELMET SIZE | XXS | XS | SM | MD | LG | XL | XXL | XXXL |
|---|----------------|--|-------|-------|-------|-------|-------|-------|-------|-------|
| | | | 50/51 | 52/53 | 54/55 | 56/57 | 58/59 | 60/61 | 62/63 | 64/65 |
| S2 / SPORT | SHELL | | 1 | | | | 2 | | | |
| | MAIN EPS | | 1 | 2 | 3 | 4 | | | 5 | |
| | HEAD PAD | <small>Sold separately</small> | 21mm | 20mm | 30mm | 12mm | 20mm | 12mm | 20mm | |
| | CHEEK EPS | | 1 | | 2 | | 3 | | | |
| | CHEEK PADS | <small>Sold separately</small> | 20mm | 15mm | 20mm | 15mm | 20mm | 15mm | 12mm | |
| C3 / PRO / E1 | SHELL | | 1 | | | | 2 | | | |
| | MAIN EPS | | 1 | 2 | 3 | 4 | | | 5 | |
| | HEAD PAD | | 26mm | 21mm | 20mm | 30mm | 12mm | 20mm | 12mm | 20mm |
| | CHEEK EPS | | 1 | | 2 | | 3 | | | 4 |
| | CHEEK PADS | | 30mm | 20mm | 15mm | 20mm | 15mm | 20mm | 15mm | 15mm |
| SR1 / 2 | SHELL | | 1 | | | | 2 | | | |
| | MAIN EPS | | 1 | | 2 | | 3 | | | |
| | HEAD PAD | <small>Sold separately</small> | 12mm | 7mm | 12mm | 7mm | 12mm | 7mm | | |
| | CHEEK EPS | | 1 | | 2 | | 3 | | | |
| | CHEEK PADS | <small>Sold separately</small> | 30mm | 25mm | 30mm | 25mm | 30mm | 25mm | | |
| R2 | SHELL | | 1 | | | | 2 | | | |
| | MAIN EPS | | 1 | | 2 | | 3 | | | |
| | UPPER HEAD PAD | <small>Sold as a set - Sold separately</small> | 12mm | 10mm | 12mm | 10mm | 12mm | 10mm | | |
| | LOWER HEAD PAD | <small>Sold as a set - Sold separately</small> | 12mm | 7mm | 12mm | 7mm | 12mm | 7mm | | |
| | CHEEK PADS | <small>Sold separately</small> | 35mm | 25mm | 35mm | 25mm | 35mm | 25mm | | |
| C4 | SHELL | | 1 | | 2 | | | | | |
| | MAIN EPS | | 1 | | 2 | | | | | |
| | UPPER HEAD PAD | <small>Sold as a set - Sold separately</small> | 10mm | 12mm | 20mm | 15mm | 12mm | 10mm | | |
| | LOWER HEAD PAD | <small>Sold as a set - Sold separately</small> | 7mm | 12mm | 20mm | 15mm | 12mm | 7mm | | |
| | CHEEK PADS | <small>Sold separately</small> | 20mm | 15mm | 25mm | 20mm | 15mm | 15mm | | |
| C4 PRO | SHELL | | 1 | | | | 2 | | | |
| | MAIN EPS | | 1 | 2 | 3 | 4 | | | 5 | |
| | UPPER HEAD PAD | <small>Sold as a set - Sold separately</small> | 10mm | 12mm | 12mm | 10mm | 12mm | 10mm | 10mm | |
| | LOWER HEAD PAD | <small>Sold as a set - Sold separately</small> | 7mm | 12mm | 12mm | 10mm | 12mm | 7mm | 10mm | |
| | CHEEK PADS | <small>Sold separately</small> | 20mm | 15mm | 20mm | 15mm | 20mm | 15mm | 15mm | |
| M1 / PRO | SHELL | | 1 | | | | 2 | | | |
| | MAIN EPS | | 1 | | 2 | | 3 | | | |
| | FRONT HEAD PAD | | 20mm | 12mm | 17mm | 15mm | 12mm | 7mm | | |
| | UPPER HEAD PAD | <small>Sold as a set - Sold separately</small> | 12mm | 10mm | 12mm | 10mm | 12mm | 10mm | | |
| | LOWER HEAD PAD | <small>Sold as a set - Sold separately</small> | 11mm | 10mm | 10mm | 9mm | 11mm | 7mm | | |
| | CHEEK PADS | <small>Sold separately</small> | 40mm | 38mm | 40mm | 38mm | 40mm | 38mm | | |

If you already have a helmet, you can use the following test to check whether it fits properly. You will need another person to help you. First put the helmet on. Now use both hands to apply pressure against the helmet from behind. If the helmet fits properly, the other person's little finger will fit between the head pads and your forehead. If the finger does not fit between your forehead and the padding, then the helmet is probably too small for you.

It's also a good idea to spend as much time as possible wearing the helmet in the store. That's the only way to gauge whether the helmet is the right size. Incidentally, "chipmunk cheeks" are normal. However, the helmet should not press on the jaw or cheekbones.